

A Call To A Nationwide Black History Month Fast

For All Pastors, Leaders and Believers

Issued by a Unified Alliance of Black Clergy and Churches

Fasting Dates: February 9–21, 2026

As requested by Bishop Thompson regarding the above, see below details

2 Chronicles 7:14 - If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

SPIRITUAL DISCIPLINES FOR THE FAST

Intense Prayer

- Individually
- Prayer teams
- Prayer meetings
- Congregational prayer

Choose One Daily Fasting Window:

- 6:00 AM – 12:00 Noon
- 6:00 AM – 3:00 PM
- 6:00 AM – 6:00 PM

Liquids:

- Water only from 6:00 AM – 6:00 PM
- Pure fruit juices permitted afterward

Food:

- Fruits and vegetables only after 6:00 PM

Spiritual Consumption:

- Daily Bible reading
- Scripture meditation
- Continuous engagement with the Word of God

Seven Faith Focuses During the Fast

1. **Profession of God's Sovereignty and Providence**
The Lord is on His throne.
(Psalm 46:8–10; Psalm 103:19; Romans 8:28)
2. **Confession of Sin and Repentance (Personal and Corporate)**
(Psalm 51)
3. **Declaration of Total Dependence on God for Guidance and Direction**
(Matthew 6:9–10; Proverbs 3:5–6; Matthew 2:12)
4. **Desperation for Divine Intervention**
(Psalm 27:1–6; Psalm 46; 2 Chronicles 20:20–23)
5. **Protection for Preachers, Prophetic Voices, Kingdom Leaders, and Participants**
(Psalm 91)
6. **Disruption of Evil Plans, Plots, and Schemes**
(Psalm 37:12–24; Genesis 50:20; Job 5:12)
7. **Reconciliation and Healing Among All Christians**
(Psalm 133; John 17:20–21)

“If God be for us, who can be against us?”

Therefore, we call upon the Unified Black Church to fast and pray together—now.

BIBLICAL CREDENCE FOR FASTING

2 Chronicles 20:3–4

“Jehoshaphat was afraid and turned his attention to seek the Lord, and proclaimed a fast throughout all Judah. So Judah gathered together to seek help from the Lord...”

Nehemiah 1:4

“When I heard these words, I sat down and wept and mourned for days; and I was fasting and praying before the God of heaven.”

Matthew 17:19–21

“...Because of the littleness of your faith... nothing will be impossible to you. But this kind does not go out except by prayer and fasting.”

Believing that the Lord Himself is fighting for us, we gather in praise and shout the victory!

We thank pastors, leaders, and believers everywhere for joining the United Black Church Black History Month Fast. By faith, we claim victory—not through political might or human power—but through the unstoppable power of God.